



# Prince George Gymnastics Club





# History & Today

- Formed in **August 1988** through the amalgamation of two local gymnastics clubs, originally ~ **300 members**
- Relocated to our current space (**Exhibition Sports Centre**) in 1994
- **2,400+ members** yearly for the past 5 years

# PGGC Programs



- Active Start (Pre-School): Ages 1 - 4
- Recreational Gymnastics: Ages 5+
- Home School
- Xcel/ Interclub
- Competitive Artistic
- Competitive Trampoline
- Adult
- High School Gymnastics

# Additional Programming

- School and Community Tours
- Birthday Parties
- Adaptive Needs Classes
- Summer Camps
- Free Play Sessions



# Staff & Coaches

- 45 total staff members, including **43 coaches**
- Several coaches have been with the club for **40+ years**, bringing exceptional experience and continuity
- Our coaching team is qualified to support athletes from Parent & Tot programs through to National-level Competitive Gymnastics and Trampoline
- CIT (Coach-in-Training) Program provides valuable **first job** opportunities and develops future coaches
- Volunteer Board – 9 members



# Funding

- **Not-for-Profit Organization**
- **Registration and course fees** support our core programming
- **Gaming grant funding** helps sustain operations
- All the colour you see in our facility – mats, beams, bars, trampolines –  
Is made possible through the **fundraising efforts** of our club families and members



# Prince George Invitational

- Hosted **annually** at the club
- Qualifying meet for BC Championships in April
- 285 Athletes from Central and Northern BC participated in 2026 (**85 PG, 200 out of town**)





# 2026 Western Canada Cup

- **Mark your Calendar – May 8-10, 2026**
- Hosted in **KIN 1**, Prince George, BC
- Featuring 200+ athletes and their families from across Western Canada
- Strong community impact with over **200 hotel rooms** already reserved.

# Exhibition Sports Centre: Our Home

- Proudly our home since **1994** – a space we truly love
- Centrally located, with excellent access and parking
- Used by the club 7 days a week, year-round (closed only for BCNE and stat holidays)
- We're eager to modernize the space to expand programs, improve storage, and enhance the athlete and spectator experience

