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Hello

January 21st, 2025

We are a small Not for Profit organization called **Set Free Recovery.** We are "small" in the sense of numbers but we come to Prince George with a wealth of information and knowledge.

My wife and I have a long history in the Abbotsford/Chilliwack area of starting and running a recovery ministry for over 20 years. We had a close working relationship with the City of Abbotsford and Counsel, FVFD, APD, Courts, Probation, Mental Health, Ministry of Economics and Poverty, Assisted Living register, Abbotsford Regional among others. We also had relationships with other Supportive Recovery centers such as Wagner Hills, Psalms 23, Samaritan Inn, Life Recovery, Kinghaven and UGM.. We had relationships with shelters in the Fraser Valley and Lower Mainland.

We managed a 50 bed center in Chilliwack and 8 homes in regular neighborhoods in Abbotsford. We served 107 men on a consecutive basis. As far as church associations - we had many in Abbotsford. Sevenoaks Alliance was our home church for over 10 years. New Life CRC was home before that. Salvation Army was where we started our journey in the year 2000. We became Soldiers and had a desire to serve others.

In October 2024 we moved to Prince George to be closer to our son and daughter-in- law and our growing grandchildren. We only saw them once a year and time was escaping us as they grew so at the prompting of our son - we moved here. He stated this City could really use our services as in every City in BC - is dealing with addiction, homelessness and mental health issues because of addictions. So that is a bit of "us".

Our "Supportive Recovery" program is an christian abstinence based program which interacts daily with our Clients. There are rules for proper behaviours, chores, groups, doing required written Step work and studies, accountability, curfew, visits etc. I have enclosed a copy in this email.

In Abbotsford in 2007/2008 we as Recovery House operators sat with members of Counsel and City Planners to Regulate different operations and as well importantly to create "The Supportive Recovery House Application" see attached copy which became an Amendment to Bylaws to allow Supportive Recovery Use. Much success has been gained by adopting the recovery Model.

We feel Prince George would greatly benefit from learning and implementing what we have done in Abbotsford and it would extremely help grapple the addiction crisis, mental health, crime - which is affecting the City of Prince George.

My wife and I are available anytime to meet with anyone to discuss this further.

We would love to see this model for recovery - productive recovery and not just shelters or Boarding houses. For clients to learn about recovery, triggers, relapse prevention, life skills, accountability and gain education of their addictions. For clients to get referrals to Counselling, other recovery services, and gain other resources.

To help transform men and women to become members of the community.

To give them the support they need so desperately to accomplish goals in life and to give them hope where there was none.

Please do not hesitate to call us to schedule a meeting. We would love to meet with you.

Regards

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