



***Integrity Recovery Society***  
***151 Nugget Avenue, Prince George***  
***V2m 4M5***

### Intention

To obtain a 3-year, Supportive Housing, Temporary use Permit (TUP) to begin services at the earliest possible convenience for the location of 7973 Rochester Crescent, Prince George, BC V2N 3V7.

### Location & Rational

The Integrity Recovery Society (IRS) has chosen the location of 7973 Rochester Crescent (College Heights) as the ideal location to provide supervised services for the adult male population with substance abuse issues (maximum residence 6). This location meets the goals of the IRS to support the social inclusion aspect of recovery.

There are many treatment facilities and recovery centers throughout the province that are in remote areas. These facilities are geared toward an open/closed structure of delivery. For example, a client will go in for a 90 day stay (average length for treatment) and have little to no exposure of accessing services in the community during that time period. The transition from remote addiction supportive services back into the community has in most cases failed for clients due to becoming overwhelmed trying to figure out how to make connections and find supports. This causes anxiety and leads them back to their comfort zone of abusing alcohol and drugs. Inevitably they return to the streets. It is important for people in recovery to be included in a community rather than segregated.

The location of 7973 Rochester crescent allows the opportunity for the client to achieve new healthy lifestyle changes which will increase the odds of success. Having access to community supports such as volunteer programs, work skills programs, leisure activities and part time employment which all are needed for clients to be successful in recovery.

### Programing/Staffing

The IRS will be monitored 24/7 by qualified staff that have been approved to work with the vulnerable population. The IRS will employ 4 full-time staff / 2 part-time staff to work alongside 2 certified Drug & Alcohol counsellors.

All programs will be delivered in house Monday to Friday, no renovations or building permits are needed. The house is self-sufficient to address all needs.

#### Delivered Programs

ANGER MANAGEMENT 8 weeks

LIFE SKILLS 8 weeks

RELAPSE PERVENTION 8 weeks

**RICAP – reintegration into the community action plan**

The Integrity Recovery Society will not perform 1 on 1 counselling. Clients are to seek outside counselling in the community.

### Health Care/Medical

No doctors or nurses on site. Any medical needs or concerns will be addressed within the community.

### Target Clients

Low-risk individuals who have a strong desire to break the cycle of addiction. The individuals must be self-motivated and completely detoxed from all mood-altering substances. We are a complete abstinence program from all mood-altering substances. Including narcotic medication.

### Appearance

It is our intention for the residence of 7973 Rochester crescent to maintain its appearance of a normal family dwelling in the neighborhood. No modifications, renovations signs or advertising are needed. As for the traffic flow of the house, it is no more than a normal household. Clients are not permitted vehicles; therefore, parking congestion will not be an issue for surrounding houses.

Rick Edwards  
Integrity Recovery Society





## Health Care

The Integrity Recovery Society is a complete abstinence program from all mood-altering substances. We do not accept any clients who are on narcotic medications or any individuals who need daily dispense medication. Clients are responsible for the taking and storing of personal medication. No health care workers doctors or nurses on site. Any clients needing medical attention will be escorted by staff to a health care facility.

## Target Clients

The Integrity Recovery Society seeks to support low risk, high functioning individuals who have a strong desire to break the cycle of addiction. Individuals seeking to enter our program must first be subject to a lengthy screening process to determine if the individual meets the criteria and would be a good fit for our environment. Prior to admission, pending clients are made aware of our rules, regulations, restrictions and policies. Should they agree to follow all to the best of their ability and it has been determined by Integrity Recovery Society that they would be a good fit, acceptance would then be granted.

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