



# Northern Community Counselling Centre Society

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September 21st, 2023

City of Prince George  
1100 Patricia Blvd.  
Prince George, BC  
V2L 3V9

Dear Mayor Yu and City Council Members:

As representatives of our organization, we are writing to you to request a resolution of support from the City of Prince George for an application we have in place for grant funding through the Northern Development Initiative Trust (NDIT). Our project is titled 'Regional Community Counselling Capacity Expansion' and falls under the Capacity Building Program of NDIT's Northern Healthy Communities Fund. Our application requests \$100,000 a year for three years, totaling \$300,000, which will cover just under 70% of the estimated program costs.

The Community Counselling Centre (CCC) currently offers low-cost and low-barrier mental health counseling services to adults in Prince George. This project aims to increase the capacity of our Centre by expanding physical space, increasing staff, and enhancing programming to better serve our community members.

As you are all well aware, there is an ever-growing need for accessible mental health resources not only in our city but throughout the country. With more physical space, programs, and staff, the CCC will enhance the accessibility of mental health supports in our city, leading to a wide range of positive impacts on our community and economy. These include increased workforce productivity, reduced strain on the healthcare system, improved educational outcomes, decreased crime rates, strengthened social cohesion, reduced long-term healthcare costs, fostered healthy family dynamics, promoted inclusion and diversity, and efforts to address and prevent both addiction and homelessness.

We ask that you consider and support the following resolution:

That the City of Prince George SUPPORTS the Northern Development Initiative Trust (NDIT) grant application from the Northern Community Counselling Centre Society in the amount \$100,000 a year for three years, for a total of up to \$300,000 in order to support the Centre's program and capacity expansion from NDIT's Northern Healthy Communities Fund.

Thank you for your consideration and please do not hesitate to reach out with any questions or clarifications.

Respectfully,

Silvia Welygan, MEd, RCC  
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