## Rapidly Improving Cycling Accessibility in Prince George Using Temporary Bike Lanes

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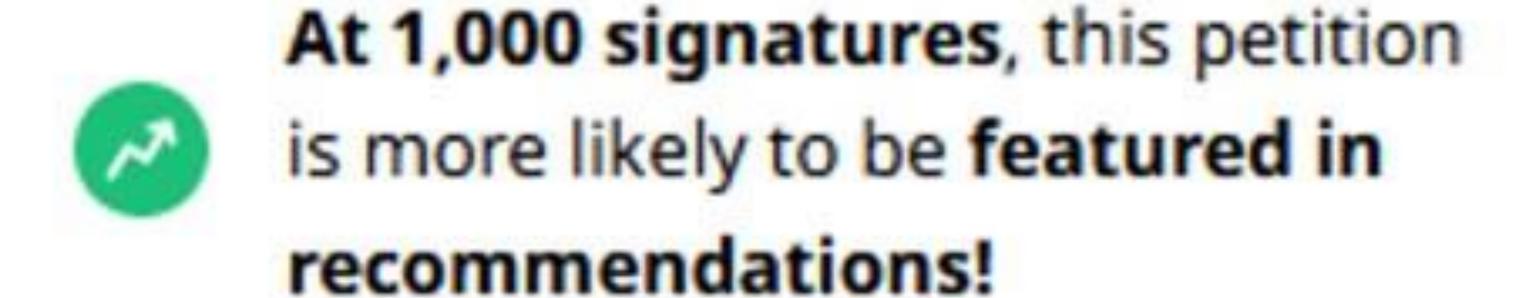
### Improve Bike Lane Infrastructure in the City of Prince George, BC





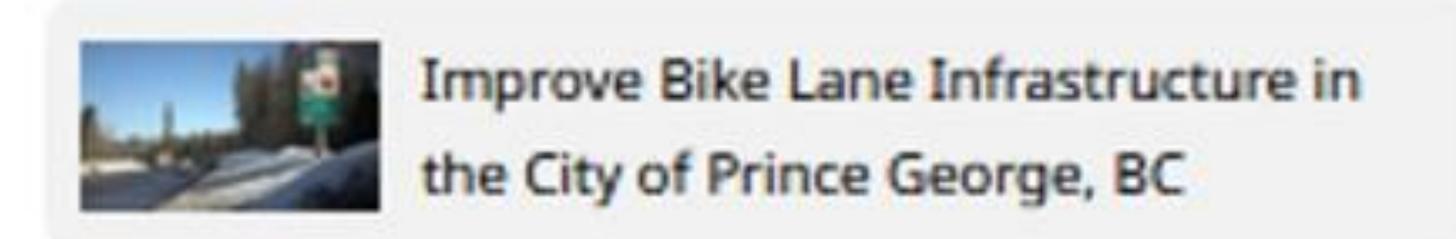
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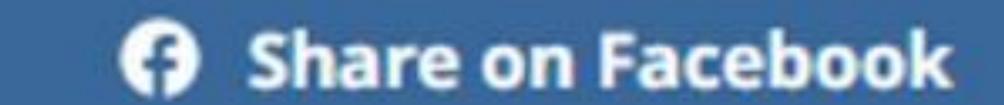
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Hello Prince George,

### Prince George's Current Bike Solutions

- Prince George does have painted bike "gutters", but this current design is unsafe for most and unconnected (Figure 3) (Beck at al., 2019; Dill & McNeil, 2013; Winters and Teschke, 2010)
- Current reliance on painted bicycle "gutters" on the side of the road leads to motor vehicles passing closer than if there was no infrastructure at all (Figure 1) (Beck et al., 2019)
- Cars are still able to park in bike lanes, which causes passing vehicles to pass even closer (Figure 2) (Beck et al., 2019)

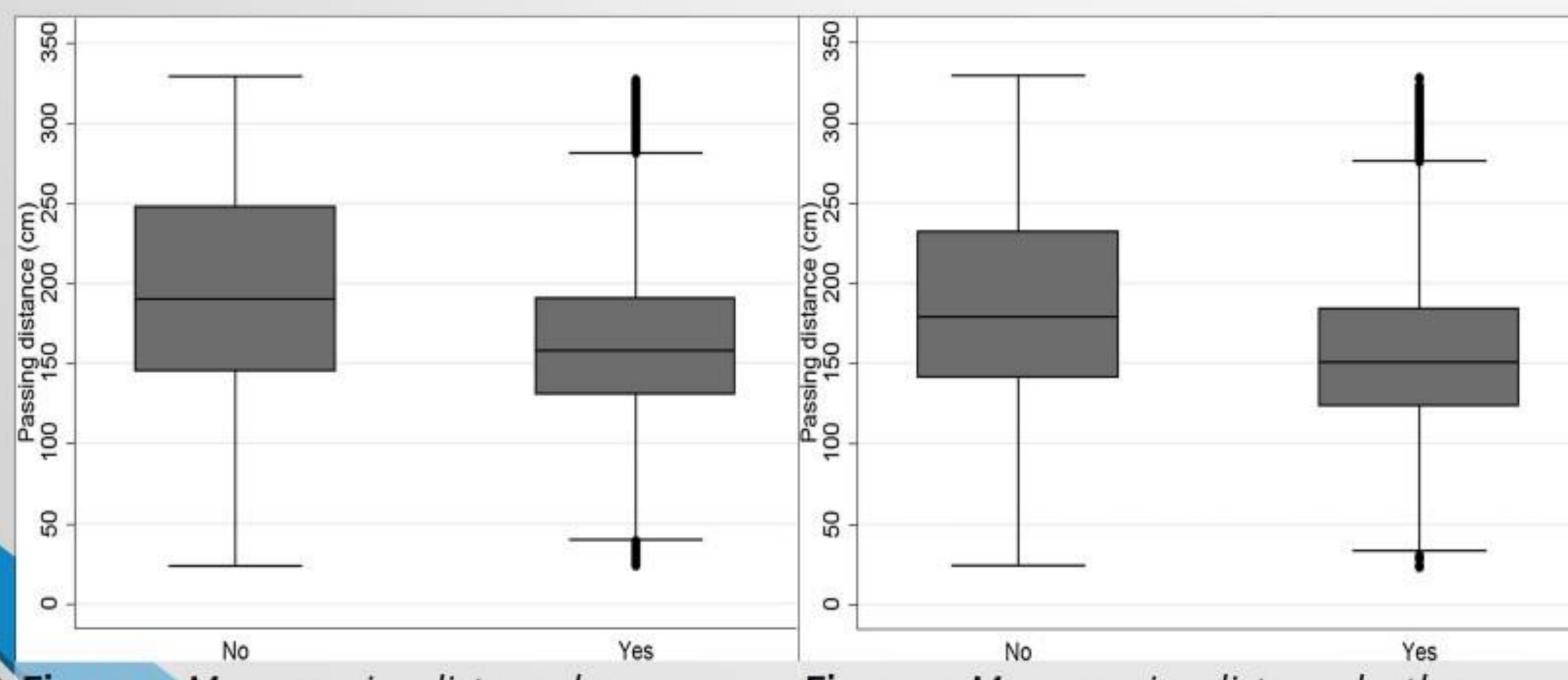
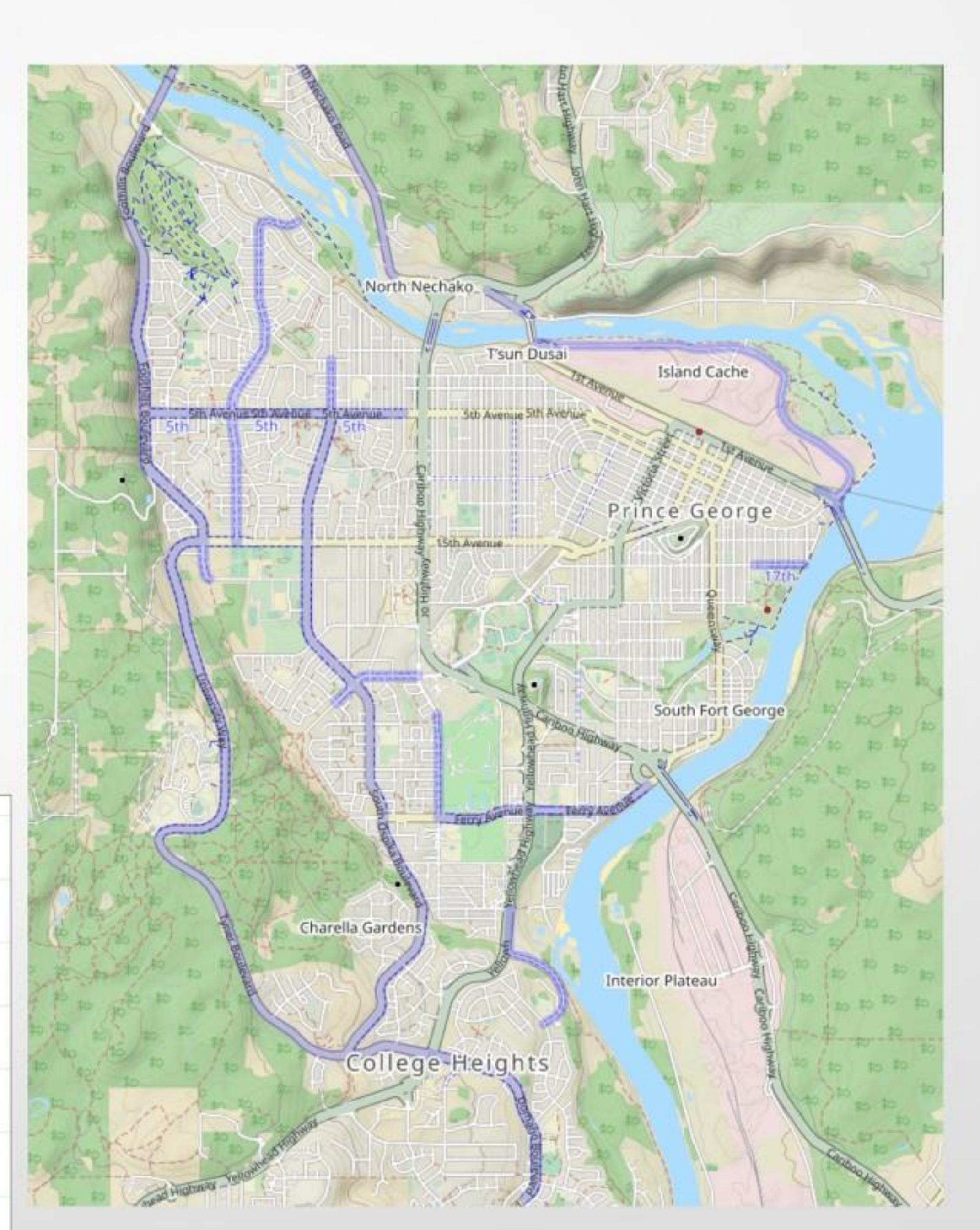


Figure 1. Mean passing distance by presence/absence of a parked on-road bicycle lane

**Figure 2.** Mean passing distance by the presence/absence of parked cars on the curbside.



**Figure 3.** Map of Prince George with Bike Lanes highlighted in blue. Map data from OpenStreetMap. Copyright 2023 OpenStreetMap contributors

Figure 1 and Figure 2 are from Beck et al. (2019)

### Prince George's Current Bike Solutions

- 1 in every 17 passing events was within 1 metre in a painted bike lane (Beck et al., 2019)
- The lack of viable alternatives for transportation in Prince George raises the minimum liveable wage (\$21.19 in 2022) according to Living Wage for Families BC (French, as cited by Clarke, 2022)
- Due to there being no viable alternatives to driving, 52% of all carbon emissions are from transportation (City of Prince George, 2020)
- The average price of owning a personal vehicle can also be restrictive for some, with the average price of owning a car being on average approx. \$1000/month including depreciation (Levin, 2023)
- The current bike lane design will only cater to those that are very comfortable with cycling, which ignores those that are "interested but concerned" – which can range from 37%-60% of the population (B.C. Ministry of Transportation and Infrastructure, 2019)
- For example, the percentage that are "interested but concerned" are 55% in Kamloops and 56% in the United States (City of Kamloops, 2018; Dill and McNeil, 2013)

## The Solution: Temporary On-Street Bike Lane

- The Rapid Implementation Design Guide focusses on building the bike lane first, then gathering feedback. This method allows users of the bike lane to provide feedback on routes that are more tangible than theoretical graphics that might not be understood
- The temporary bike lane solution is cost effective, flexible, and able to be installed quickly and efficiently to rapidly expand a protected bike lane network
- Uses a mix of plastic delineator posts, curbs, and other easily movable objects
- Because minimal capital construction is required, there is less need for topographic survey or detailed engineering to consider factors such as changes in grades, detailed drainage design, or relocation or removal of utilities, street trees, or other infrastructure" (Translink, 2022)
- Can also be installed on-site by city crews, within existing curbs making this method more cost-effective than traditional bike infrastructure (Translink, 2022)
- Unlikely to be perfect, but feedback from the temporary installation can be quickly acted on and will carry over to permanent designs.
- Should have a focus on making biking more accessible for all ages and abilities

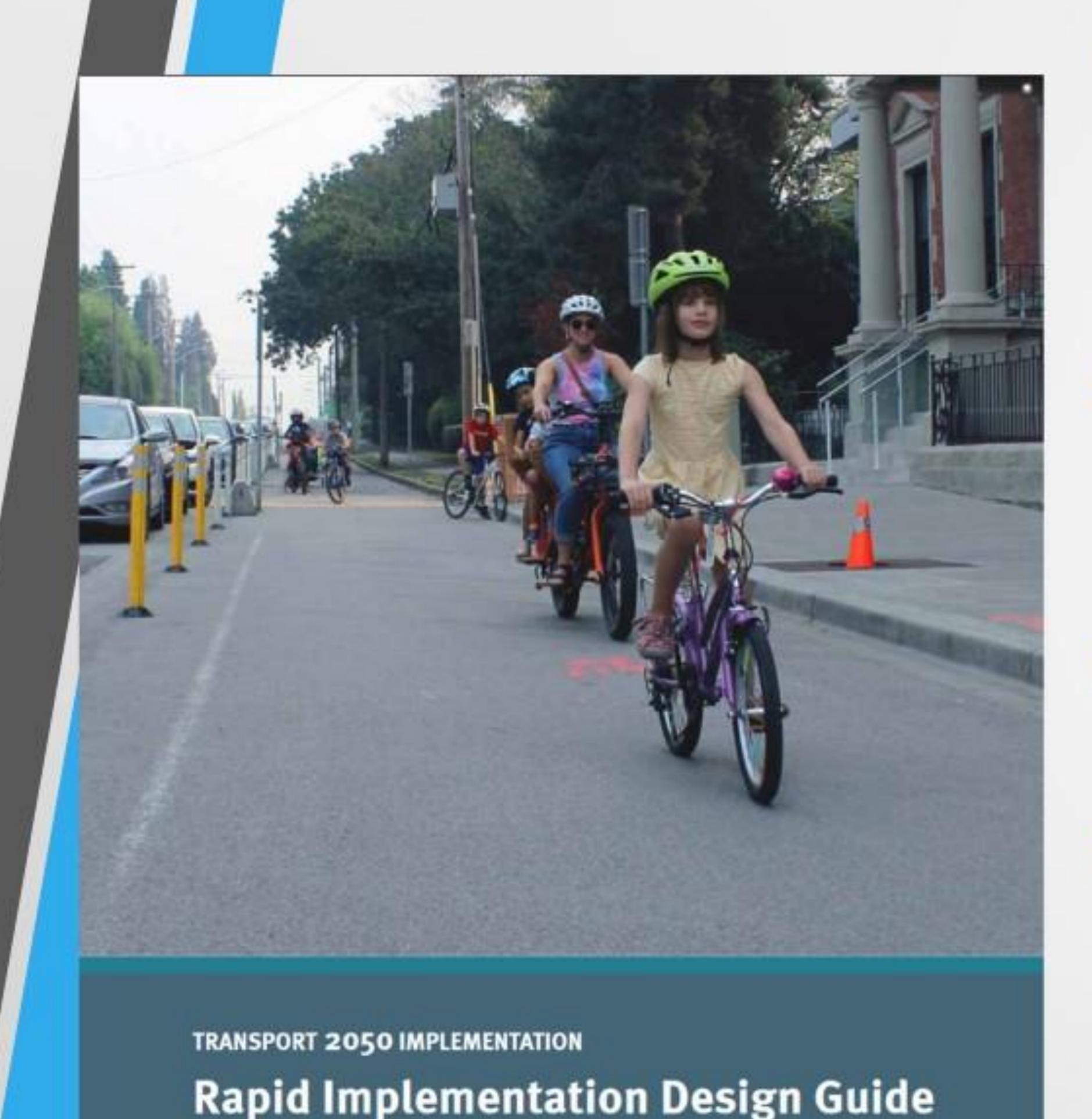


Figure 5 Front Cover of the Rapid Implementation Design Guide. From Translink (2022)

for Bikeways in Metro Vancouver

## The Solution: Temporary On-Street Bike Lane



Figure 6 A parking protected and buffered bike lane. Sourced from Translink (2022)



Figure 7 A rapid-implementation bike lane using a mix of barrier types in North Vancouver. Sourced from Translink (2022)

- The feedback gathered from the temporary bike lane can help inform decisions on how the bike lane can be made permanent, or removed entirely if it doesn't work in that location
- Separation of the bicycle lane is important because, 88% of the interested but concerned surveyed said that they would be more likely to ride a bike if bike lanes were separated with a physical barrier (Winters et al., 2019). Physical separation through as little as plastic delineator posts will increase perceived safety among the "interested but concerned," which will increase cycling numbers (McNiel et al. 2015)
- Parking in regions such as downtown can be converted from angled parking into a parallel-parking protected bike lane (Translink, 2022) (Figure 6)
- Removing parking from in front of businesses will not decrease revenue; it will increase revenue in most cases, or have a net-neutral effect on revenue (Toronto Centre for Active Transportation, 2019)
- Figure 8 on the next slide highlights routes that could be focussed on, based on existing active transportation routes and feedback provided from community members. These routes visualize "bones", or major routes, that focus on connecting the bowl to downtown in a more complete way than the existing network

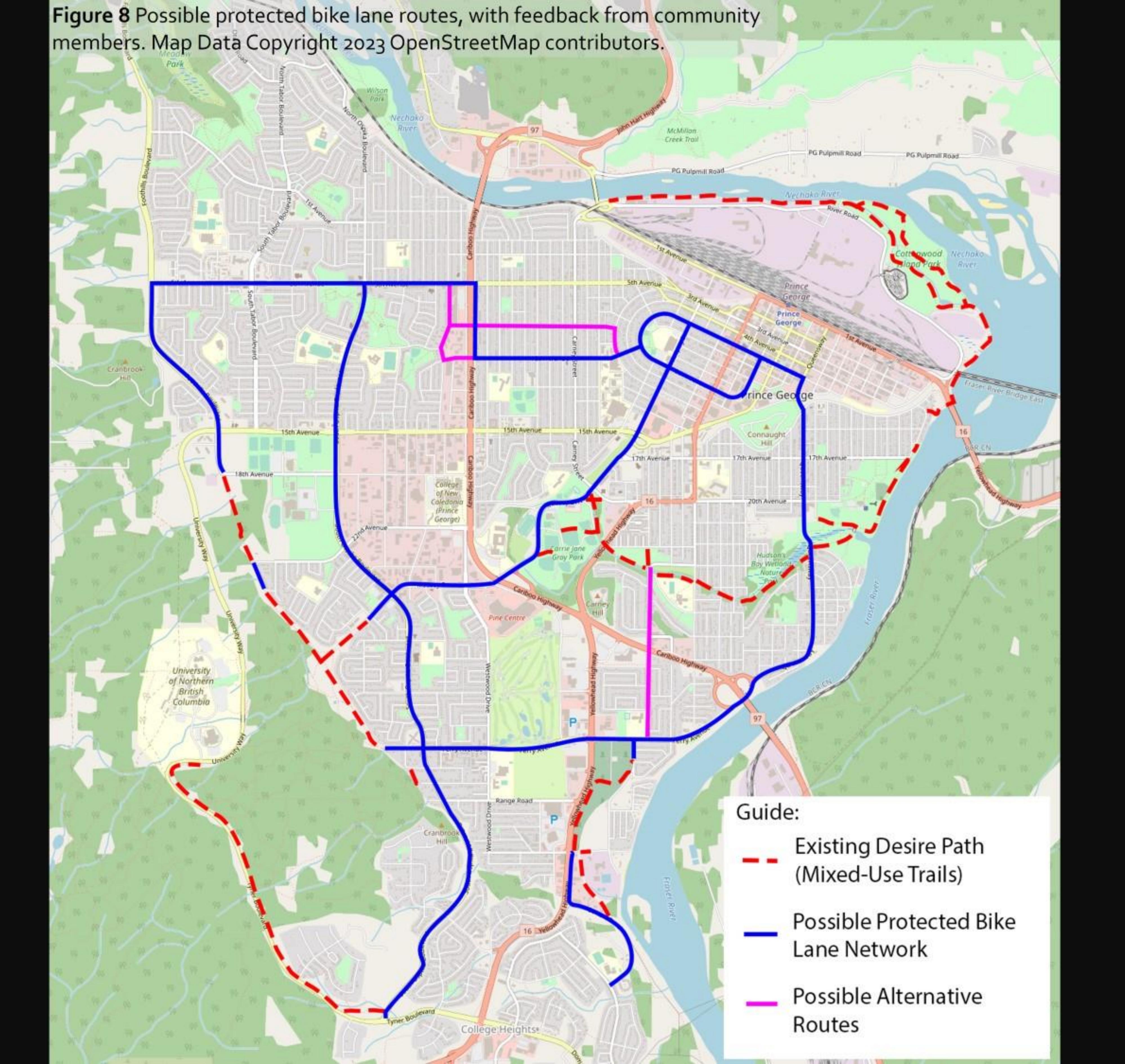


Figure 9 An example of a bike and pedestrian only signal phase.
Sourced from the Province of British Columbia (2019)

### Intersection Design

- Bike Lanes can make it difficult for drivers to notice cyclists (Deliali et al., 2021)
- Drivers can be reminded of cyclist presence by strategic use of green paint and signaling, as well as using smaller intersections (Deliali et al., 2021; Province of British Columbia, 2019)
- Protected intersection designs slow drivers and make them more attentive (Deliali et al., 2021)
- Existing road rules and pedestrian crossings can be used until a better solution is found with these temporary lanes
- Each type should be evaluated on a per intersection basis
- Banning right turns when the traffic light is red can be instated to protect cyclists and pedestrians crossing
- The British Columbia Active Transportation Guide has several examples on how this can be achieved (Figure 9)

**Figure 10.** Cyclist riding down a cleared bike lane during winter. Sourced from Cebe (2014)



Figure 11. A machine clearing a bike path. Sourced from Cebe (2014)

### Winter Cycling

- Is entirely possible. The only significant barrier for winter cycling is snow clearing.
- Every facet of the bike lane design should consider accessibility of existing snow clearing equipment (Province of British Columbia, 2019)
- More methods of clearing can be added later, such as trucks with plow attachments, quads with plow attachments, or vehicles with brush attachments. Research is being conducted about using salt-brine solutions as well
- Prioritization important, with routes to schools and important businesses cleaned first (Cebe, 2014)
- Unlikely to be perfect, and the City will experience growingpains with snow-clearing, but an attempt should be made to maintain bike lanes throughout winter at least on priority routes first
- Cycling counts will likely diminish slightly during winter, but it
  is still worth making sure that the paths are cleared
- Perhaps recommend winter tires for lesser quantities of snowfall (less than 2 centimeters)
- Some buffer space should be allotted on roadways to allow for temporary snow storage (Province of British Columbia, 2019)

## Benefits of Cycling

- Improved cardiovascular, mental and physical health (Teschke et al., 2012;
   Mueller et al., 2015)
- Cheap method of getting around, perfect for in-town trips
- Environmentally friendly
- Reduces or eliminates cost associated with owning a car
- Reduces cost for the City in long-term road maintenance
- Even possible in winter with proper snow clearing
- Improvement in noise and air pollution
- Social benefits of seeing friends and neighbours in-person
- Reduces motor vehicle traffic by actually taking cars off of the road

### Funding

Some funding opportunities can include:

- The B.C. Active Transportation Infrastructure Grants Program (Planning: maximum of 50%, or \$50,000; Per project: 50% up to \$500,000)
- The Government of Canada's Active Transportation Fund (Planning: \$50,000; 60% of funding up to 50 million)
- The Green Municipal Fund (One-time grant of 50% eligible costs up to \$175,000)
- The British Columbia Vision Zero in Road Safety Grant Program (Up to \$20,000 per project)

These funds can help offset some of the cost associated with the bike lane, but protected bike lanes will still come at a cost. Rapid implementation can be a part of making the initial cost cheaper. When funding is available and the road needs to be replaced, roads can be fully upgraded to current British Columbia Active Transportation Guide standards

### Summary

- Current bike lanes are insufficient and should be improved with the Rapid Implementation Design Guide for Bikeways in Metro Vancouver, or something similar
- Cost effective, with a high return-on-investment
- Building bike lanes combats environmental, social, public health, traffic, and road safety issues
- The temporary solution suggested isn't perfect, but it can be a stepping-stone to better active transportation infrastructure in the future
- For more information, refer to the Rapid Implementation Design Guide for Bikeways in Metro Vancouver (2022) and the current British Columbia Active Transportation Design Guide (2019)

# Together, We Can Make Prince George a More Bikeable City.

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